

End Point	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Topic: Staying Safe</p> <p>Knowledge of how to make safe and informed decisions and apply that to lead a healthy lifestyle</p> <p>Related to permission seeking/consent</p> <p>Sticky Knowledge</p> <p>Lessons in bold are linked to lessons from the PSHE association (drug education).</p>	<p>To know what they should wear outside when it is sunny.</p> <p>To know the rules for crossing the road.</p> <p>To know how to be clear about 'yes', 'no', 'I'll tell' and 'I'll ask'</p> <p>Key Vocabulary: rule, safe, road safety, sun, protect</p>	<p>To know how to keep safe in the sun (11b)</p> <p>To know that some things have age restrictions (including online) e.g. TV, film, toys, computer games and play areas and know why this is important (7d)</p> <p>To know what a stranger is and what to do if you were lost.</p> <p>To know how the internet can be used positively (7a)</p> <p>To know that there are basic rules for keeping safe online</p> <p>To know who they should tell if they see something online that makes them feel unhappy, worried or scared (7g)</p> <p>To know that there are things that go into bodies and onto skin and how this can make people feel.</p> <p>Key Vocabulary: age restrictions, safe, online, stranger, age restrictions, sun cream, temperature, sunburn, protection.</p>	<p>To know how to keep safe in the sun (11b)</p> <p>To know how to recognise risk in everyday situations e.g. road, water/ice and rail safety</p> <p>To know how to keep safe around medicines and other household products.</p> <p>To know that medicines including vaccinations and immunisations, can help people stay healthy and manage allergies</p> <p>To know how to keep themselves safe at home e.g. electrical appliances.</p> <p>To know how to keep safe outside, around strangers</p> <p>To know how to respond if there is an accident and someone is hurt</p> <p>To know how to get help in an emergency including how to dial 999 and what to say (12a)</p> <p>Key Vocabulary: damage, sun, protection, temperature, safe, road, water, rail,</p>	<p>To know that there is safe and unsafe exposure to the sun (11b)</p> <p>To know how to identify typical hazards at home and in school</p> <p>To know how to manage risk in everyday situations e.g. crossing the road, running in the playground etc</p> <p>To know about fire safety at home including the need for smoke alarms</p> <p>To know how to keep themselves safe in the local environment or unfamiliar places, including road, rail, water and firework safety</p> <p>To know about the safe use of medicines and household products (11f)</p> <p>Key Vocabulary: safe, unsafe, vitamin D, sunrays, hazard, risk, fire safety, road safety, rail, water, medicine, prescribe, vaccination, dosage.</p>	<p>To know the importance of taking medicines correctly and using household products safely</p> <p>To know how to keep safe when outside.</p> <p>To know what is meant by a 'drug' (10a)</p> <p>To know that drugs common to everyday life (e.g. cigarettes, vaping, alcohol and medicines) can affect health and wellbeing (10a)</p> <p>To identify some of the risks associated with drugs common to everyday life (10a)</p> <p>To know why age restrictions for social media, games are age-restricted and how they help people make safe decisions (7d)</p> <p>To know who they should tell if they see something online that makes them feel unhappy, worried or scared (7g)</p> <p>Key Vocabulary: medicine, prescribe, vaccination, dosage, safe, risk, drug, cigarette, e-cigarette,</p>	<p>To know how to manage risk in relation to sun exposure, including skin damage and heat stroke (11b)</p> <p>To know how to identify when situations are becoming risky, unsafe or an emergency</p> <p>To know that there is a difference between positive risk taking (e.g. trying a challenging new sport) and dangerous behaviour</p> <p>To know how to deal with common injuries using basic first aid techniques (12b)</p> <p>To know how to respond in an emergency, including when and how to contact emergency services (12a)</p> <p>To know why social media and games are age-restricted and how they help people make safe decisions (7d)</p> <p>To know how correct use of medicines helps maintain health and wellbeing (11f)</p>	<p>To know how to deal with common injuries using basic first aid techniques including head injuries (12b)</p> <p>To know how to protect personal information online (7c)</p> <p>To know how to deal with requests for personal information or images of themselves including online</p> <p>To know that there are images that are appropriate to share with others and those that are not</p> <p>To know that images or texts can be quickly shared with others, even when only sent to one person and know the possible impact of this (7c)</p> <p>To know why social media, some computer games and online gaming, for example, are age restricted (7d)</p> <p>To know who they should tell if they see something online that makes them feel unhappy, worried or scared (7g)</p> <p>To know why people use drugs, managing</p>

			<p>medicine, vaccination. Allergy, accident, stranger, emergency, electrical.</p>		<p>smoking, vaping, law, health, habit, age-restriction.</p>	<p>To know about the effects and risks of legal and illegal drugs (10a)</p> <p>To know basic strategies to know if content online is based on fact, opinion or bias.</p> <p>To know who they should tell if they see something online that makes them feel unhappy, worried or scared (7g)</p> <p>Key Vocabulary: skin damage, heat stroke, sun stroke, exposure, over exposure, risk, unsafe, emergency, injury, age-restriction, fact, opinion, biased, medicine, immunisation, dose, prescribed, legal, illegal, substance, law.</p>	<p>situations and peer influence (10a)</p> <p>To know about the laws relating to drugs common to everyday life and illegal drugs (10a)</p> <p>To know that there are mixed messages in the media about drug use</p> <p>To know how to ask for help if they have concerns about drug use</p> <p>Key Vocabulary: drug, factors, influence, peer pressure, passive, aggressive, assertive strategies, smoking, vaping, drinking, cigarettes, e-cigarettes, vape, alcohol, personal information, appropriate, inappropriate.</p>
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Potential changes for 2024

Can we put Firework safety and Water/ice safety into an assembly overview so that these elements of safety are covered at the right time in the year?

Other changes highlighted in green.